

# COMMANDER'S SPECIAL PROJECT



## THE MISSION:

The mission of the DTOM 22/0 Foundation and Veterans Ranch is to provide a safe place for healing and recovery for military service members, veterans, and their families while encouraging engaging, and positively impacting their lives through hope, faith, and family activities, and helping them learn to live again with purpose.

## Vision:

To end suicide among our service men and women, through mentorship, support, and building stronger families.

## About the DTOM 22/0 Foundation and Veterans Ranch



We are a 501(c)3 Non-Profit Foundation. DTOM is a military acronym that stands for Don't Tread On Me. The meaning dates back to before the founding of our nation, when in 1775 the Navy used it as the first Navy Jack. The 22 stands for the recognized average of 22 Veterans per day being killed by suicide. The 0 represents our goal. When you add up the average circle of friends and family that affects EVERYDAY is comes to 2,860, PER DAY! We are working on building up our families and the support structure to help our Heroes find their purpose again. To show these people how important they are. As a people, we must come together and find other ways to end this plague on our Heroes! What is being done now is not enough and we cannot let them be taken from us. Saying "Thank You" is NOT enough. With all they have sacrificed, it is our DUTY to take care of them . This is our plan.

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**Chris Reder**

As Founder and CEO, at 17, I enlisted and proudly served as a Cryptologic Naval Intelligence Analyst, for 7 years in the United States Navy. My career was lost due to an unavoidable accident on my way home after duty. I spent many years feeling lost and alone and my struggles with the VA only complicated matters. A lot of that time, I admittedly, was in a pretty dark place and was not making the best decisions. I couldn't find a job that satisfied me and I had a very hard time acclimating back to civilian life, I moved around a lot and struggled as a single parent. Finally after years and years of struggling, I started to do some veteran volunteer work with a couple of different Veteran Service Organizations and saw I wasn't alone, other vets were experiencing the same things and a huge loss of comradery like I was. When you sign your name on the line to serve and give to your Nation, up to and including your life, you join a Brotherhood like no other, it may be what causes such a disconnect with the civilian sector. But, at that point, I knew I wanted to help other veterans get through some of their own struggles and show them their life had hope, they were wanted and needed in society. We need to show our Heroes with real action that there are people that care and there is a safe place to go where you are needed. So, we formed a team, because #wefighttogether, and we set out to make sure #hopeisworththeverypenny. With the main goal of helping the families being destroyed everyday and tirelessly working to end veteran suicide and build families. We need not only individuals but corporations, working together hand in hand to give back to our heroes that sacrificed so much. Sometimes "Thank You" is not enough! We need everyday Americans to put their money where their mouth is and to help. Think of where your life would be without the sacrifice of these brave heroes, It is a very small percentage of the population that protects the majority, it's time to give them a hand up and take care of them when they come home! We can no longer send our heroes to fight our battles and when they come home broken just say thank you. Help us, help them!



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## Doc T (Dr. Tracy Diefenbach, CHSSO, CCTP)

I grew up on a farm in northern Minnesota, have trained horses professionally, and began my military journey at the age of 17. (67U, Chinook Helicopter Crew Chief and Gunner). After the death of my husband, Josh, a United States Marine that took his life in our home on February, 2nd, 2011...I decided to begin a mission to save lives...we cannot lose another soldier, or veteran, and I did not want another family to go through what I went through that day. I began my doctoral journey to study combat-related PTSD, Brain injuries (TBI), complex associated mental health disorders (anxiety, depression, bipolar disorder, autism to include many others), and to develop a different treatment approach to healing that was not pharmaceutically based. I believe that drugs only mask the problem (and while needed sometimes) should not be the long-term goal to recovery. I am currently an Associate Dean at a college in Minnesota, and online professor in SD. I have had two books published, (my research is housed at the Library of Congress), and I belong to the National Society for Leadership and Success. Since 2011, I have never charged a dime to anyone seeking help... I have provided over 118 public speeches/trainings to organizations, businesses, hospitals and other entities, and have done numerous radio shows and podcasts teaching people about the concept of PTSD and what it means to save lives. I believe in the concept of mentorship vs. office-based counseling... keeping our hands and our minds busy through recovery. I believe in listening with the intent to listen, and I believe in community service, building stronger families as a means to healthy living, successful recovery, and rebuilding the concept of Comradery among veterans. This is my life mission as a Doctor. I average over 350 volunteer hours per month, and we are currently helping over 123 veterans throughout the United States. I am currently working with a company to build a pod that mimics brain-rhythmic sequencing, and getting ready to publish my third book on Trauma Recovery. We are also working on developing a Mobile Crisis Response Unit to address the mental health challenges in our communities



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## The Ranch

Welcome to the DTOM 22/0 Veterans Foundation and Ranch!

With some exciting news we are now in the phase 1 development stage of the ranch:

### Summer 2021 Projects:

1. Starting the planning phase for the Bradley Jobe Memorial Garden. (We have identified a company that will be providing the stones for our memorial garden!).
2. The land was purchased this month, thanks to the donation of Mr. David Lemer & Family, his memory will live on forever here at the veterans ranch.
3. The DTOM 22/0 Foundation signs/boards are now going in, and we are prepping for the placement of the road signs. (Thanks to QQP/13 Stripes!).
4. The ranch has purchased two amazing Draper Horses thanks to the donations provided by folks in our community: Murphy, and his brother Clue! (Don't forget their niece, little Valor).
5. The Junior Board/Scouts have kicked off our program sponsored by TC Energy, and we are ready for summer!
6. We will be starting our Veteran Camp fires here in the next week or so, the schedule will be updated on the website and our Facebook page.
7. We have been able to purchase the big Morton building on site and we are in the process of planning the interior of our Veteran Center.
8. We are in the planning phases of building our Military Museum onsite.





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My visit to the DTOM 22/0 Veterans Ranch





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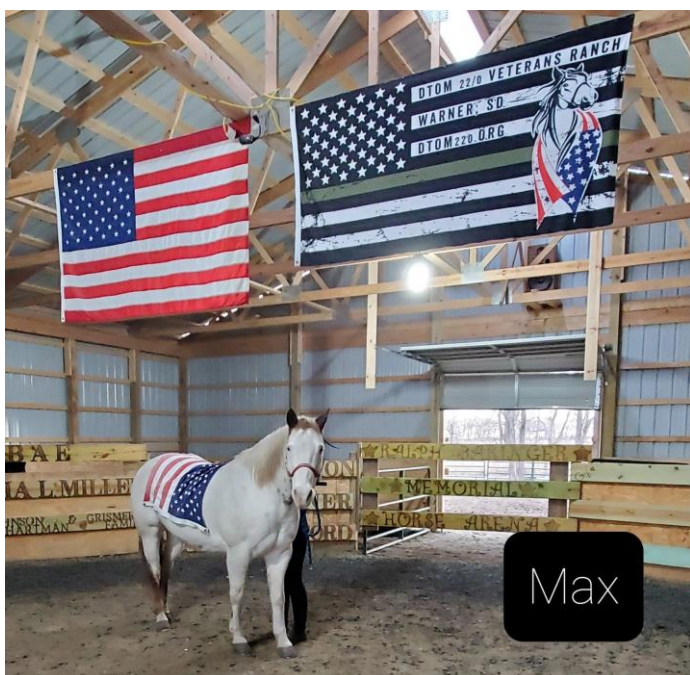
## Meet our mentors...

A horse is one of the most amazing animals in our line of holistic treatment approaches to PTS/PTSD, Anxiety, Depression, and Trauma. The gentleness of our horses aid in our personal healing, and their energy livens our own spirits.



Serenity

**Specialist Serenity, United States Army**  
**Specialty: Touch Therapy (Under Saddle)**  
**Breed: Registered Quarter Horse**  
**Age: 3**



Max

**Captain Max, United States Navy**  
**Specialty: Draper Sensory, Adults and Kids**  
**Breed: Paint, Age: 20**



Murphy

**Corporal Murphy, United States Marines**  
**Speciality: Draper Training, Kids and Adults**  
**Breed: Paint: Age 3**



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Jack

**SGT: Jack Daniels "Jack"**  
**Specialty: Kids Draper Therapy**  
**Breed: Paint**  
**Age: 13**

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Valor

**Seaman Recruit, Valor: United States Coast Guard**  
**Specialty: Touch Therapy, and toddler play time. (In-hand training now)**  
**Age: 1**



**Coming soon: CLUE: Murphy's brother.**  
**Breed: Paint Age: 4**



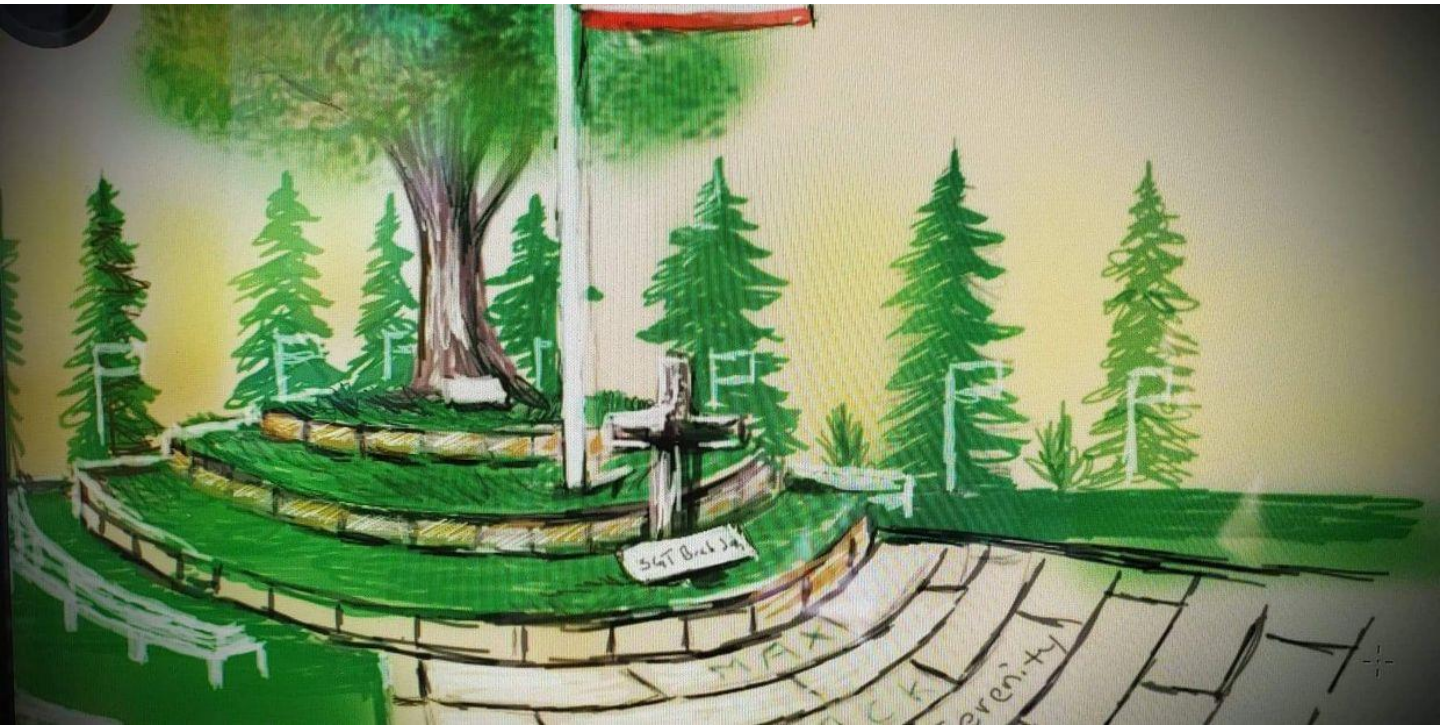
JJ

**Lieutenant JJ, United States Air Force**  
**Giving Orders, Looking Good, and Taking Names.**  
**Breed: Mini. Age: 18**



This is a project they are currently building on the site and it will give veterans a place to go to sit and reflect, a space away from everything for those times when they just want a minute to themselves.

## The Bradley Jobe Memorial Garden



The Memorial



SGT Bradley Jobe



The location of the Memorial Garden at the DTOM Ranch



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**Website for more information**

**<https://dtom220.org>**